

♪ **YOU ARE A MARVEL (5:33 -- optional: pause at 1:22)** ♪

[BandCamp link \(free streaming / download\) https://betterworld.bandcamp.com/album/you-are-a-marvel-special-single-2](https://betterworld.bandcamp.com/album/you-are-a-marvel-special-single-2)

Think and Share Invitations

- * Think about Pablo Casals' words:
 - "You are a marvel."
 - "You are unique."
 - "In all the world there is no other child exactly like you."
 - "In the millions of years that have passed, there has never been a child like you."
 - "You have the capacity for anything."
- * Share about how you feel when you hear, sing, and/or read those words.
- * Think about the "self-talk" messages you could use, connecting with the words above:
 - "I am a marvel."
 - "I am unique."
 - "In all the world there is no other child exactly like me."
 - "In the millions of years that have passed, there has never been a child like me."
 - "I have the capacity for anything."
- * Share about how using those "self-talk" messages might help make a difference in your attitude, choices, and / or actions.
- * Think and share about your reactions to these powerful words:
 - "And when you grow up, can you then harm another who is, like you, a marvel? You much cherish one another."

REFRAIN: Do you know what you are? You are a marvel. You are unique.
In all the world, there is no other child exactly like you.
In the millions of years that have passed, there has never been a child like you.

1 And look at your body---what a wonder it is! Your legs, your arms, your cunning fingers!
You may become a Shakespeare, a Michelangelo, a Beethoven.
You have the capacity for anything. Yes, you are a marvel!

REFRAIN

2 And when you grow up, can you then harm another who is, like you, a marvel?
You must cherish one another...cherish one another.
You must work---we all must work---to make this world worthy of its children.

REFRAIN

REPEAT VERSE 1:

And look at your body---what a wonder it is! Your legs, your arms, your cunning fingers!
You may become a Shakespeare, a Michelangelo, a Beethoven.
You have the capacity for anything. Yes, you are a marvel!

REFRAIN

FINAL CHORUS VARIATIONS

Do you know what you are? You are a marvel. You are unique.
Do I know who I am? I am a marvel. I am unique.
I do know who I am. I am a marvel. I am unique.

PLS. NOTE: ON THE RECORDING, THE LAST LINE IS SUNG 7 MORE TIMES, WITH DIFFERENT VOICES.

PLEASE NOTE: The lyrics of "You are a Marvel" are from
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Linda.BetterWorld@gmail.com [CaringandCapableKids.com](https://caringandcapablekids.com/) <https://caringandcapablekids.com/>

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[Amazon.com link for Special Single https://www.amazon.com/You-Marvel-feat-Patricia-Mikkelson/dp/B08SWJ7BMC/ref=sr_1_1?dchild=1&keywords=Linda+K.+Williams+You+are+a+Marvel&qid=1610752087&s=dmusic&sr=1-1](https://www.amazon.com/You-Marvel-feat-Patricia-Mikkelson/dp/B08SWJ7BMC/ref=sr_1_1?dchild=1&keywords=Linda+K.+Williams+You+are+a+Marvel&qid=1610752087&s=dmusic&sr=1-1)