

♪ **LITTLE BY LITTLE (2:00)** ♪

https://www.youtube.com/watch?v=Mh1hBoqJNyY&list=OLAK5uy_nJfi5rDvfszvD_4qkRSSEnpxhGqcy5NDc&index=1

Song #1 on album Caring and Sharing

YouTube link for album

https://www.youtube.com/playlist?list=OLAK5uy_nJfi5rDvfszvD_4qkRSSEnpxhGqcy5NDc

Amazon.com link for album

https://www.amazon.com/Caring-Sharing-Linda-K-Williams/dp/B08L7FC3MY/ref=sr_1_1?dchild=1&keywords=Linda+K.+Williams&qid=1606085768&s=dmusic&sr=1-1

Think and Share Invitations

- * Think and share about a time when you achieved a goal by working little by little.
- * Think and share about a goal that is important to you -- and it seems huge -- but you're doing your best to have a go at it, little by little.
- * Think and share about how you will keep yourself encouraged as you work towards your goal.

Bonus Resource: optional Baby-Stepping Activity and additional Think and Share Invitations, next page

CHORUS Little by little, step by step each day;
The longest journey begins with one step,
and I am on my way,
Yes, I am on my way!

(1)
Whether learning another language,
how to do math or read or write---
I know I can do it when I put my mind to it,
though it won't happen overnight. Oh, yes, and...

CHORUS Little by little, step by step each day;
The longest journey begins with one step,
and I am on my way,
Yes, I am on my way!

(2)
So I won't give up or get discouraged
saying, "I've got so far to go!"
I'll celebrate my progress, say "Look how far I've come!"
and I'll get there in time, I know! Oh, yes, and...

CHORUS Little by little, step by step each day;
The longest journey begins with one step,
and I am on my way,
Yes, I am on my way!

*CHORUS, SUNG IN SPANISH Poco a poquito, paso a pasito cada día;
El viaje más largo empieza con un paso,
y ya voy en camino,
Sí, ¡ya voy en camino!*

CHORUS Little by little, step by step each day;
The longest journey begins with one step,
and I am on my way,
Yes, I am on my way!

Bonus Resource: to use with song #1 *Little by Little* (2:00)

**OPTIONAL BABY-STEPPING ACTIVITY
and additional *Think and Share Invitations***

https://www.youtube.com/watch?v=Mh1hBoqJNyY&list=OLAK5uy_nJfi5rDvfszvD_4qkRSSENpxhGqcy5NDc&index=1

This activity can greatly help students grasp the concept of how baby steps towards a goal can and WILL make a difference.

1. Demonstrate what "baby steps" means = Walking slowly by placing one foot directly in front of the other, with the heel of the forward foot touching the toe of the foot in back, then repeating with the next foot.
2. Get a volunteer to do baby-stepping as the group sings.
3. Select a distance of 6 - 8 feet (e.g., between a table and a bookcase in the room, or between 2 other points which would work).
4. Show the group the lines of the Chorus on the lyrics, which you'll be singing -- or listening to -- while the volunteer baby-stepper moves from one place to the other, and then heads back again (as time allows).
5. Before beginning, emphasize how slowly their classmate will be moving by using only baby-stepping -- how small each step will be -- then ask for predictions from the group:
 - * "How many of you think that your classmate will be able to make it all the way to the bookcase by only baby-stepping?"
 - * "How many of you think they will be able to go all the way there, and start back again?"

PLEASE NOTE:

Over the years, I've found that almost all my students greatly under-estimated how far baby-stepping will take them!

Additional Think and Share Invitations

AFTER PARTICIPATING IN THE BABY-STEPPING ACTIVITY (and singing and/or listening to the song) --

- * Think and share about how surprised you were by how far your classmate was able to travel by only using such small steps.
- * Think and share about how this experience might help you feel encouraged by the idea that you WILL be able to reach your goals by **getting going** and **keeping going**.

Caring and Sharing

Words &/or Music for all songs written and recorded by

Linda K. Williams

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YouTube link for album

https://www.youtube.com/playlist?list=OLAK5uy_nJfi5rDvfszvD_4qkRSSENpxhGqcy5NDc

**Album and individual songs are also available on
Amazon.com and other platforms.**

Amazon.com link for album

https://www.amazon.com/Caring-Sharing-Linda-K-Williams/dp/B08L7FC3MY/ref=sr_1_1?dchild=1&keywords=Linda+K.+Williams&qid=1606085768&s=dmusic&sr=1-1