

# ( + ) SOCIAL-EMOTIONAL SKILLS, CONFLICT MANAGEMENT, COMPASSION & NONVIOLENCE through SONGS ( + )

Words &/or Music by Linda K. Williams (except as noted) LKW\_BetterWorld@yahoo.com BetterWorld-Resources.com

All songs are available --- most for free download ---- BetterWorld-Resources.com

ALL SONGS ON THIS PAGE ARE SECULAR--- ALL OF WHICH CAN BE USE IN THE CLASSROOM.

PLEASE NOTE: Some songs are studio-recorded, others were recorded **VERY** informally!

## KEY TO SONGS' TOPICS / THEMES

(revised 6-2014 for SDUSD):

- A** = Dealing w. Feelings/ Conflict Resolution/  
Decision-Making/ Resisting Peer Pressure
- B** = Self-Esteem / Empowerment
- C** = Respect / Caring for Others
- D** = Parenting/ Nurturing in the Home
- E** = Peace, Global Awareness & Caring/ Pro-Social Action
- F** = Media (TV, videos, etc.)
- G** = Juvenile Delinquency, Drugs, &  
Gangs: Prevention & Intervention

## THE YELLOW HIGHLIGHTED COLLECTIONS BELOW

are available for streaming for free in BandCamp.com, and are available for download through SongsForTeaching.com

### + "CAN-DO!" KIDS +: 3 Mini-Albums

#### SELF-ESTEEM Mini-Album

<https://betterworld.bandcamp.com/album/can-do-kids-self-esteem>

#### ALL LYRICS

<http://www.betterworld->

[resources.com/images/BetterWorld/Documents/CDK-Self\\_Esteem.pdf](resources.com/images/BetterWorld/Documents/CDK-Self_Esteem.pdf)

#### ALL LYRICS

**B** 1. \*Connected, Unique, and Powerful

<https://betterworld.bandcamp.com/track/connected-unique-powerful>

**B** 2. \*I've Got to Love Myself Enough

<https://betterworld.bandcamp.com/track/ive-got-to-love-myself-enough>

**BC** 3. \*You'll Really Like Me

<https://betterworld.bandcamp.com/track/youll-really-like-me>

**AB** 4. \*I'll Picture Myself Succeeding

<https://betterworld.bandcamp.com/track/ill-picture-myself-succeeding>

#### CONFLICT MANAGEMENT Mini-Album

<https://betterworld.bandcamp.com/album/can-do-kids-conflict-management>

#### ALL LYRICS

<http://www.betterworld->

[resources.com/images/BetterWorld/Documents/CDK-Conflict\\_Management.pdf](resources.com/images/BetterWorld/Documents/CDK-Conflict_Management.pdf)

#### ALL LYRICS

**A** 1. \*It's OK to Feel

<https://betterworld.bandcamp.com/track/its-ok-to-feel>

**A** 2. \*I've Got to Talk to Them

<https://betterworld.bandcamp.com/track/ive-got-to-talk-to-them>

**ABC** 3. \*I'll Stand Up for Myself

<https://betterworld.bandcamp.com/track/ill-stand-up-for-myself>

#### COOPERATIVE LEARNING Mini-Album

<https://betterworld.bandcamp.com/album/can-do-kids-cooperative-learning>

#### ALL LYRICS

<http://www.betterworld->

[resources.com/images/BetterWorld/Documents/CDK-Cooperative\\_Learning.pdf](resources.com/images/BetterWorld/Documents/CDK-Cooperative_Learning.pdf)

#### ALL LYRICS

**A** 1. \*I'll Listen (by Patricia Mikkelsen)

<https://betterworld.bandcamp.com/track/ill-listen-by-p-mikkelsen>

**A** 2. \*Us Against the Problem

<https://betterworld.bandcamp.com/track/its-us-against-the-problem>

**A C** 3. \*Cooperative Learning Song

<https://betterworld.bandcamp.com/track/cooperative-learning-song>

\* = Lyrics in Spanish are available for the 9 songs above.

### + DRUG-FREE..THAT'S ME! +

<https://betterworld.bandcamp.com/album/drug-free-thats-me-mini-album>

#### ALL LYRICS

<http://www.betterworld->

[resources.com/images/BetterWorld/Documents/Drug-Free\\_Thats\\_Me\\_Mini-Album.pdf](resources.com/images/BetterWorld/Documents/Drug-Free_Thats_Me_Mini-Album.pdf)

**AB** G 1. Drug-Free...That's Me!

<https://betterworld.bandcamp.com/track/drug-free-thats-me>

**AB** G 2. There are So Many Ways to Say NO

<https://betterworld.bandcamp.com/track/there-are-so-many-ways-to-say-no>

**B** G 3. To Be the Best Me

<https://betterworld.bandcamp.com/track/to-be-the-best-m>

### ) + ( CARING & CAPABLE KIDS (+)

<https://betterworld.bandcamp.com/album/caring-capable-kids>

#### ALL LYRICS including "If You're Angry..." in book formats

<http://www.betterworld->

[resources.com/images/BetterWorld/Documents/Caring\\_Capable\\_Lyrics\\_2010-If\\_Angry.pdf](resources.com/images/BetterWorld/Documents/Caring_Capable_Lyrics_2010-If_Angry.pdf)

#### 188p. Companion Book from InnerChoicePublishing.com

<http://www.betterworld-resources.com/12-betterworld/caring-capable-kids/52-caring-and-capable-kids>

**A C E** 1. Handle with Care

<https://betterworld.bandcamp.com/track/handle-with-care>

**C** 2. Another Word for PEOPLE

<https://betterworld.bandcamp.com/track/another-word-for-people>

**BC** 3. No One is a Nobody

<https://betterworld.bandcamp.com/track/no-one-is-a-nobody>

**B E** 4. Ripples and Starfish

<https://betterworld.bandcamp.com/track/ripples-and-starfish>

**B** 5. \*Who I Am Makes a Difference

<https://betterworld.bandcamp.com/track/who-i-am-makes-a-difference>

**A** 6. \*If You're Angry & You Know It

<https://betterworld.bandcamp.com/track/if-youre-angry-and-you-know-it>

**A** 7. I Can Say "No" When I Want To

<https://betterworld.bandcamp.com/track/if-youre-angry-and-you-know-it>

**A** 8. What Should I Do?

<https://betterworld.bandcamp.com/track/what-should-i-do>

**A C E** 9. The Children of Tomorrow

<https://betterworld.bandcamp.com/track/the-children-of-tomorrow>

### POSITIVE CHOICES FOR YOUTH Mini-Album

<https://betterworld.bandcamp.com/album/positive-choices-for-youth-mini-album-by-lkw-and-mam>

#### ALL LYRICS

<http://www.betterworld->

[resources.com/images/BetterWorld/Documents/Positive\\_Choices\\_for\\_Youth\\_Mini-Album-rec\\_by\\_Murrary.pdf](resources.com/images/BetterWorld/Documents/Positive_Choices_for_Youth_Mini-Album-rec_by_Murrary.pdf)

#### Recorded by Andy and Terry Murray

**ABC** G 1. Low-Down High (rap) (by L.K. Williams)

<https://betterworld.bandcamp.com/track/low-down-high>

**A F G** 2. Real Life Doesn't Have a Rewind Button (LKW)

<https://betterworld.bandcamp.com/track/real-life-doesnt-have-a-rewind-button>

**A G** 3. Burnin' Up (by L.K. Williams)

<https://betterworld.bandcamp.com/track/burnin-up>

**ABC** G 4. The First One to Know (by Andy Murray)

<https://betterworld.bandcamp.com/track/the-first-one-to-know-by-andy-murray>

**A C G** 5. What if That Were Me? (by Andy Murray)

<https://betterworld.bandcamp.com/track/what-if-that-were-me-by-andy-murray>

**BC E** 6. One Person at a Time (by Andy Murray)

<https://betterworld.bandcamp.com/track/one-person-at-a-time-by-andy-murray>

**C FG** 7. Tony and I (by Andy Murray)

<https://betterworld.bandcamp.com/track/tony-and-i-by-andy-murray>

**+ WAY TO GO!- FOR POSITIVE YOUTH +**

<https://betterworld.bandcamp.com/album/way-to-go-for-positive-youth>  
**ALL LYRICS**  
[http://www.betterworld-resources.com/images/BetterWorld/Documents/Way\\_to\\_Go-For\\_Positive\\_Youth.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Way_to_Go-For_Positive_Youth.pdf)

**G** 1. [Drive Smart, Drive Sober](#)

<https://betterworld.bandcamp.com/track/drive-smart-drive-sober>

**B** 2. [Hot Brands](#)

<https://betterworld.bandcamp.com/track/hot-brands>

**AB\_G** 3. [I Deserve Better \(Gonna Get Unstuck\)](#)

<https://betterworld.bandcamp.com/track/i-deserve-better-gonna-get-unstuck>

**A** 4. [Lemons into Lemonade](#)

<https://betterworld.bandcamp.com/track/lemons-into-lemonade>

**C** 5. [Little Bits of Beauty](#)

<https://betterworld.bandcamp.com/track/little-bits-of-beauty>

**( AE ) CARING & SHARING ) AE (**

<https://betterworld.bandcamp.com/album/caring-and-sharing>  
**ALL LYRICS**

[http://www.betterworld-resources.com/images/BetterWorld/Documents/Caring\\_and\\_Sharing.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Caring_and_Sharing.pdf)

**B** 1. [Little by Little](#) (2:00)

<https://betterworld.bandcamp.com/track/little-by-little>

**B** 2. [Self-Talk](#) (2:33)

<https://betterworld.bandcamp.com/track/self-talk>

**C** 3. [A Friend in Need](#) (2:02)

<https://betterworld.bandcamp.com/track/a-friend-in-need>

**ABC\_E\_G** 4. [We're "Can-Do!" Kids, & We Care](#) (2:00)

<https://betterworld.bandcamp.com/track/were-can-do-kids-and-we-care>

**C\_E** 5. [Thank You, Chester](#) (3:46)

<https://betterworld.bandcamp.com/track/thank-you-chester>

**B\_E** 6. [Every Child Saved](#) (3:49)

<https://betterworld.bandcamp.com/track/every-child-saved>

**A** 7. [I'm Dealing with my Feelings](#) (2:50)

<https://betterworld.bandcamp.com/track/im-dealing-with-my-feelings>

**B** 8. [I Like Myself](#) (1:15)

<https://betterworld.bandcamp.com/track/i-like-myself>

**C\_E** 9. [Say it! Do it!](#) (0:57)

<https://betterworld.bandcamp.com/track/say-it-do-it>

**A\_C** 10. [The Golden Rule Song](#) (1:10)

<https://betterworld.bandcamp.com/track/the-golden-rule-song>

**CD** 11. [How Was Your Day Today?](#) (1:20)

<https://betterworld.bandcamp.com/track/how-was-your-day-today>

**B** 12. [No One's Perfect](#) (2:10)

<https://betterworld.bandcamp.com/track/no-ones-perfect>

**CD** 13. [I Still Love You](#) (1:50)

<https://betterworld.bandcamp.com/track/i-still-love-you>

**CD** 14. [Friendly Night](#) (4:45)

<https://betterworld.bandcamp.com/track/friendly-night>

**CANCIONES EN ESPAÑOL (Songs in Spanish) ALL LYRICS**

**A** 1. [Si Estás Enojado y lo Sabes](#)  
<https://betterworld.bandcamp.com/track/si-estas-enojado-y-lo-sabes-if-youre-angry-and-you-know-it>  
(\*If You're Angry & You Know It)

**B** 2. [Quién Soy Hace una Diferencia](#)  
<https://betterworld.bandcamp.com/track/quien-soy-hace-una-diferencia-who-i-am-makes-a-difference>  
(\*Who I Am Makes a Difference)

\* = Lyrics in Spanish are available for the 9 songs above in the

+ "CAN-DO!" KIDS +: 3 Mini-Albums listed above (previous page)

. (Spanish is as yet un-recorded)

**\* (\* DOUBLE BLESSING SONGS \*)**

<https://betterworld.bandcamp.com/album/double-blessing-songs>

**ALL LYRICS**

[http://www.betterworld-resources.com/images/BetterWorld/Documents/Double\\_Blessing\\_Songs.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Double_Blessing_Songs.pdf)

Words of inspiration paired with familiar tunes, VERY informally recorded  
(#s 1-4 = Religious; pls. see BetterWorld-Resources.com if interested)

**ABC\_FG** 5. [Pledge of Nonviolence Song, TUNE: "Mulberry Bush"](#)

<https://betterworld.bandcamp.com/track/pledge-of-nonviolence-mulberry-bush>

**ABC\_FG** 6. [Pledge of Nonviolence Song, TUNE: "London Bridge"](#)

<https://betterworld.bandcamp.com/track/pledge-of-nonviolence-london-bridge>

**BC\_E** 7. [I Shall not Pass this Way Again- medley:](#)

TUNES: "Amazing Grace" & "Deep and Wide"

<https://betterworld.bandcamp.com/track/i-shall-not-pass-this-way-again-medley-ag-dw>

**SONGS TO BUILD A BETTER WORLD**

<https://betterworld.bandcamp.com/album/songs-to-build-a-better-world>

**LYRICS FOR 1-8**

[http://www.betterworld-resources.com/images/BetterWorld/Documents/Songs\\_to\\_Build\\_a\\_Better\\_World.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Songs_to_Build_a_Better_World.pdf)

**BC\_E\_G** 1. [Seeds of Peace](#)

<https://betterworld.bandcamp.com/track/seeds-of-peace>

**A\_E** 2. [Can't You Just Picture It? World Peace!](#)

<https://betterworld.bandcamp.com/track/cant-you-just-picture-it-world-peace>

**B\_E** 3. [My Little Apple Tree: A Song of Hope](#)

<https://betterworld.bandcamp.com/track/my-little-apple-tree-a-song-of-hope>

**A\_E** 4. [Live in Peace](#)

<https://betterworld.bandcamp.com/track/live-in-peace>

**A\_C\_E** 5. [The Time for Peace Has Come](#)

<https://betterworld.bandcamp.com/track/the-time-for-peace-has-come>

**A\_E** 6. [Open Hands, Hearts, and Minds](#)

<https://betterworld.bandcamp.com/track/open-hands-hearts-and-minds>

**C\_E** 7. [Think Globally](#)

<https://betterworld.bandcamp.com/track/think-globally>

**A\_C\_E** 8. [Face to Face, Side by Side](#)

<https://betterworld.bandcamp.com/track/face-to-face-side-by-side>

**C\_E\_G (bonus song)** [Fight for Humanity](#)

<https://betterworld.bandcamp.com/track/flight-for-humanity-2>

for LYRICS of "Fight for Humanity," see song #5 in the following document:

[http://www.betterworld-resources.com/images/BetterWorld/Documents/LIVING\\_PEACE\\_CHURCH\\_Songs.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/LIVING_PEACE_CHURCH_Songs.pdf)