

# ( + ) SOCIAL-EMOTIONAL SKILLS, CONFLICT MANAGEMENT, COMPASSION & NONVIOLENCE through SONGS ( + )

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All songs are available --- most for free download ---- BetterWorld-Resources.com

ALL SONGS ON THIS PAGE ARE SECULAR--- ALL OF WHICH CAN BE USE IN THE CLASSROOM.

PLEASE NOTE: Some songs are studio-recorded, others were recorded VERY informally!

## KEY TO SONGS' TOPICS / THEMES

(revised 6-2014 for SDUSD):

- A = Dealing w. Feelings/ Conflict Resolution/  
Decision-Making/ Resisting Peer Pressure
- B = Self-Esteem / Empowerment
- C = Respect / Caring for Others
- D = Parenting/ Nurturing in the Home
- E = Peace, Global Awareness & Caring/ Pro-Social Action
- F = Media (TV, videos, etc.)
- G = Juvenile Delinquency, Drugs, &  
Gangs: Prevention & Intervention

### THE YELLOW HIGHLIGHTED COLLECTIONS BELOW

are available for streaming for free in BandCamp.com, and are available for download through SongsForTeaching.com

#### + "CAN-DO!" KIDS +: 3 Mini-Albums

##### SELF-ESTEEM Mini-Album

<https://betterworld.bandcamp.com/album/can-do-kids-self-esteem>

##### ALL LYRICS

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/CDK-Self_Esteem.pdf)

[resources.com/images/BetterWorld/Documents/CDK-Self\\_Esteem.pdf](resources.com/images/BetterWorld/Documents/CDK-Self_Esteem.pdf)

- B 1. \*Connected, Unique, and Powerful  
<https://betterworld.bandcamp.com/track/connected-unique-powerful>
- B 2. \*I've Got to Love Myself Enough  
<https://betterworld.bandcamp.com/track/ive-got-to-love-myself-enough>
- BC 3. \*You'll Really Like Me  
<https://betterworld.bandcamp.com/track/youll-really-like-me>
- AB 4. \*I'll Picture Myself Succeeding  
<https://betterworld.bandcamp.com/track/ill-picture-myself-succeeding>

##### CONFLICT MANAGEMENT Mini-Album

[https://betterworld.bandcamp.com/album/can-do-kids-conflict-](https://betterworld.bandcamp.com/album/can-do-kids-conflict-management)  
<management>

##### ALL LYRICS

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/CDK-Conflict_Management.pdf)

[resources.com/images/BetterWorld/Documents/CDK-](resources.com/images/BetterWorld/Documents/CDK-Conflict_Management.pdf)  
[Conflict\\_Management.pdf](Conflict_Management.pdf)

- A 1. \*It's OK to Feel  
<https://betterworld.bandcamp.com/track/its-ok-to-feel>
- A 2. \*I've Got to Talk to Them  
<https://betterworld.bandcamp.com/track/ive-got-to-talk-to-them>
- ABC 3. \*I'll Stand Up for Myself  
<https://betterworld.bandcamp.com/track/ill-stand-up-for-myself>

##### COOPERATIVE LEARNING Mini-Album

[https://betterworld.bandcamp.com/album/can-do-kids-cooperative-](https://betterworld.bandcamp.com/album/can-do-kids-cooperative-learning)  
<learning>

##### ALL LYRICS

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/CDK-Coopeative_Learning.pdf)

[resources.com/images/BetterWorld/Documents/CDK-](resources.com/images/BetterWorld/Documents/CDK-Coopeative_Learning.pdf)  
[Coopeative\\_Learning.pdf](Coopeative_Learning.pdf)

- A 1. \*I'll Listen (by Patricia Mikkelsen)  
<https://betterworld.bandcamp.com/track/ill-listen-by-p-mikkelsen>
- A 2. \*Us Against the Problem  
<https://betterworld.bandcamp.com/track/its-us-against-the-problem>
- A C 3. \*Cooperative Learning Song  
<https://betterworld.bandcamp.com/track/cooperative-learning-song>

\* = Lyrics in Spanish are available for the 9 songs above.

#### + DRUG-FREE...THAT'S ME!+

<https://betterworld.bandcamp.com/album/drug-free-thats-me-mini-album>

##### ALL LYRICS

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/Drug-Free_Thats_Me_Mini-Album.pdf)

[resources.com/images/BetterWorld/Documents/Drug-](resources.com/images/BetterWorld/Documents/Drug-Free_Thats_Me_Mini-Album.pdf)  
[Free\\_Thats\\_Me\\_Mini-Album.pdf](Free_Thats_Me_Mini-Album.pdf)

- AB G 1. Drug-Free...That's Me!  
<https://betterworld.bandcamp.com/track/drug-free-thats-me>
- AB G 2. There are So Many Ways to Say NO  
<https://betterworld.bandcamp.com/track/there-are-so-many-ways-to-say-no>
- B G 3. To Be the Best Me  
<https://betterworld.bandcamp.com/track/to-be-the-best-m>

#### ) + ( CARING & CAPABLE KIDS ( + )

<https://betterworld.bandcamp.com/album/caring-capable-kids>

##### ALL LYRICS including "If You're Angry..." in book formats

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/Caring_Capable_Lyrics_2010-If_Angry.pdf)

[resources.com/images/BetterWorld/Documents/Caring\\_Capable\\_Lyrics\\_](resources.com/images/BetterWorld/Documents/Caring_Capable_Lyrics_2010-If_Angry.pdf)  
[2010-If\\_Angry.pdf](2010-If_Angry.pdf)

##### 188p. Companion Book from InnerChoicePublishing.com

[http://www.betterworld-resources.com/12-betterworld/caring-capable-kids/52-](http://www.betterworld-resources.com/12-betterworld/caring-capable-kids/52-caring-and-capable-kids)  
<caring-and-capable-kids>

- A C E 1. Handle with Care  
<https://betterworld.bandcamp.com/track/handle-with-care>
- C 2. Another Word for PEOPLE  
<https://betterworld.bandcamp.com/track/another-word-for-people>
- BC 3. No One is a Nobody  
<https://betterworld.bandcamp.com/track/no-one-is-a-nobody>
- B E 4. Ripples and Starfish  
<https://betterworld.bandcamp.com/track/ripples-and-starfish>
- B 5. \*Who I Am Makes a Difference  
<https://betterworld.bandcamp.com/track/who-i-am-makes-a-difference>
- A 6. \*If You're Angry & You Know It  
<https://betterworld.bandcamp.com/track/if-youre-angry-and-you-know-it>
- A 7. I Can Say "No" When I Want To  
<https://betterworld.bandcamp.com/track/if-youre-angry-and-you-know-it>
- A 8. What Should I Do?  
<https://betterworld.bandcamp.com/track/what-should-i-do>
- A C E 9. The Children of Tomorrow  
<https://betterworld.bandcamp.com/track/the-children-of-tomorrow>

#### POSITIVE CHOICES FOR YOUTH Mini-Album

[https://betterworld.bandcamp.com/album/positive-choices-for-youth-mini-](https://betterworld.bandcamp.com/album/positive-choices-for-youth-mini-album-by-lkw-and-mam)  
<album-by-lkw-and-mam>

##### ALL LYRICS

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/Positive_Choices_for_Youth_Mini-Album-rec_by_Murrays.pdf)

[resources.com/images/BetterWorld/Documents/Positive\\_Choices\\_for\\_Youth](resources.com/images/BetterWorld/Documents/Positive_Choices_for_Youth_Mini-Album-rec_by_Murrays.pdf)  
[Mini-Album-rec\\_by\\_Murrays.pdf](Mini-Album-rec_by_Murrays.pdf)

##### Recorded by Andy and Terry Murray

- ABC G 1. Low-Down High (rap) (by L.K. Williams)  
<https://betterworld.bandcamp.com/track/low-down-high>
- A FG 2. Real Life Doesn't Have a Rewind Button ( LKW )  
<https://betterworld.bandcamp.com/track/real-life-doesnt-have-a-rewind-button>
- A G 3. Burnin' Up (by L.K. Williams)  
<https://betterworld.bandcamp.com/track/burnin-up>
- ABC G 4. The First One to Know (by Andy Murray)  
<https://betterworld.bandcamp.com/track/the-first-one-to-know-by-andy-murray>
- A C G 5. What if That Were Me? (by Andy Murray)  
<https://betterworld.bandcamp.com/track/what-if-that-were-me-by-andy-murray>
- BC E 6. One Person at a Time (by Andy Murray)  
<https://betterworld.bandcamp.com/track/one-person-at-a-time-by-andy-murray>
- C FG 7. Tony and I (by Andy Murray)  
<https://betterworld.bandcamp.com/track/tony-and-i-by-andy-murray>

+ **WAY TO GO!- FOR POSITIVE YOUTH** +

<https://betterworld.bandcamp.com/album/way-to-go-for-positive-youth>

**ALL LYRICS**

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/Way_to_Go_For_Positive_Youth.pdf)

[resources.com/images/BetterWorld/Documents/Way\\_to\\_Go\\_For\\_Positive\\_Youth.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Way_to_Go_For_Positive_Youth.pdf)

- G** 1. [Drive Smart, Drive Sober](https://betterworld.bandcamp.com/track/drive-smart-drive-sober)  
<https://betterworld.bandcamp.com/track/drive-smart-drive-sober>  
**B** 2. [Hot Brands](https://betterworld.bandcamp.com/track/hot-brands)  
<https://betterworld.bandcamp.com/track/hot-brands>  
**AB G** 3. [I Deserve Better \(Gonna Get Unstuck\)](https://betterworld.bandcamp.com/track/i-deserve-better-gonna-get-unstuck)  
<https://betterworld.bandcamp.com/track/i-deserve-better-gonna-get-unstuck>  
**A** 4. [Lemons into Lemonade](https://betterworld.bandcamp.com/track/lemons-into-lemonade)  
<https://betterworld.bandcamp.com/track/lemons-into-lemonade>  
**C** 5. [Little Bits of Beauty](https://betterworld.bandcamp.com/track/little-bits-of-beauty)  
<https://betterworld.bandcamp.com/track/little-bits-of-beauty>

( **Æ** ) **CARING & SHARING** ) **Æ** (

<https://betterworld.bandcamp.com/album/caring-and-sharing>

**ALL LYRICS**

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/Caring_and_Sharing.pdf)

[resources.com/images/BetterWorld/Documents/Caring\\_and\\_Sharing.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Caring_and_Sharing.pdf)

- B** 1. [Little by Little](https://betterworld.bandcamp.com/track/little-by-little) (2:00)  
<https://betterworld.bandcamp.com/track/little-by-little>  
**B** 2. [Self-Talk](https://betterworld.bandcamp.com/track/self-talk) (2:33)  
<https://betterworld.bandcamp.com/track/self-talk>  
**C** 3. [A Friend in Need](https://betterworld.bandcamp.com/track/a-friend-in-need) (2:02)  
<https://betterworld.bandcamp.com/track/a-friend-in-need>  
**ABC E G** 4. [We're "Can-Do!" Kids, & We Care](https://betterworld.bandcamp.com/track/were-can-do-kids-and-we-care) (2:00)  
<https://betterworld.bandcamp.com/track/were-can-do-kids-and-we-care>  
**C E** 5. [Thank You, Chester](https://betterworld.bandcamp.com/track/thank-you-chester) (3:46)  
<https://betterworld.bandcamp.com/track/thank-you-chester>  
**B E** 6. [Every Child Saved](https://betterworld.bandcamp.com/track/every-child-saved) (3:49)  
<https://betterworld.bandcamp.com/track/every-child-saved>  
**A** 7. [I'm Dealing with my Feelings](https://betterworld.bandcamp.com/track/im-dealing-with-my-feelings) (2:50)  
<https://betterworld.bandcamp.com/track/im-dealing-with-my-feelings>  
**B** 8. [I Like Myself](https://betterworld.bandcamp.com/track/i-like-myself) (1:15)  
<https://betterworld.bandcamp.com/track/i-like-myself>  
**C E** 9. [Say it! Do it!](https://betterworld.bandcamp.com/track/say-it-do-it) (0:57)  
<https://betterworld.bandcamp.com/track/say-it-do-it>  
**A C** 10. [The Golden Rule Song](https://betterworld.bandcamp.com/track/the-golden-rule-song) (1:10)  
<https://betterworld.bandcamp.com/track/the-golden-rule-song>  
**CD** 11. [How Was Your Day Today?](https://betterworld.bandcamp.com/track/how-was-your-day-today) (1:20)  
<https://betterworld.bandcamp.com/track/how-was-your-day-today>  
**B** 12. [No One's Perfect](https://betterworld.bandcamp.com/track/no-ones-perfect) (2:10)  
<https://betterworld.bandcamp.com/track/no-ones-perfect>  
**CD** 13. [I Still Love You](https://betterworld.bandcamp.com/track/i-still-love-you) (1:50)  
<https://betterworld.bandcamp.com/track/i-still-love-you>  
**CD** 14. [Friendly Night](https://betterworld.bandcamp.com/track/friendly-night) (4:45)  
<https://betterworld.bandcamp.com/track/friendly-night>

**CANCIONES EN ESPAÑOL (Songs in Spanish) ALL LYRICS**

- A** 1. [Si Est@s Enojado y lo Sabes](https://betterworld.bandcamp.com/track/si-estas-enojado-y-lo-sabes-if-youre-angry-and-you-know-it)  
<https://betterworld.bandcamp.com/track/si-estas-enojado-y-lo-sabes-if-youre-angry-and-you-know-it>  
 (\*If You're Angry & You Know It)  
**B** 2. [Quien Soy Hace una Diferencia](https://betterworld.bandcamp.com/track/quien-soy-hace-una-diferencia-who-i-am-makes-a-difference)  
<https://betterworld.bandcamp.com/track/quien-soy-hace-una-diferencia-who-i-am-makes-a-difference>  
 (\*Who I Am Makes a Difference)

\* = Lyrics in Spanish are available for the 9 songs above in the

+ **"CAN-DO!" KIDS** +: 3 Mini-Albums listed above (previous page)

. (Spanish is as yet un-recorded)

\* ( \* **DOUBLE BLESSING SONGS** \* ) \*

<https://betterworld.bandcamp.com/album/double-blessing-songs>

**ALL LYRICS**

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/Double_Blessing_Songs.pdf)

[resources.com/images/BetterWorld/Documents/Double\\_Blessing\\_Songs.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Double_Blessing_Songs.pdf)

- Words of inspiration paired with familiar tunes, VERY informally recorded  
 (#s 1-4 = Religious; pls. see BetterWorld-Resources.com if interested)  
**ABC FG** 5. [Pledge of Nonviolence Song, TUNE: "Mulberry Bush"](https://betterworld.bandcamp.com/track/pledge-of-nonviolence-mulberry-bush)  
<https://betterworld.bandcamp.com/track/pledge-of-nonviolence-mulberry-bush>  
**ABC FG** 6. [Pledge of Nonviolence Song, TUNE: "London Bridge"](https://betterworld.bandcamp.com/track/pledge-of-nonviolence-london-bridge)  
<https://betterworld.bandcamp.com/track/pledge-of-nonviolence-london-bridge>  
**BC E** 7. [I Shall not Pass this Way Again- medley:](https://betterworld.bandcamp.com/track/i-shall-not-pass-this-way-again-medley)  
**TUNES: "Amazing Grace" & "Deep and Wide"**  
<https://betterworld.bandcamp.com/track/i-shall-not-pass-this-way-again-medley-ag-dw>

♪ **SONGS TO BUILD A BETTER WORLD** ♪

<https://betterworld.bandcamp.com/album/songs-to-build-a-better-world>

**LYRICS FOR 1-8**

[http://www.betterworld-](http://www.betterworld-resources.com/images/BetterWorld/Documents/Songs_to_Build_a_Better_World.pdf)

[resources.com/images/BetterWorld/Documents/Songs\\_to\\_Build\\_a\\_Better\\_World.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/Songs_to_Build_a_Better_World.pdf)

- BC E G** 1. [Seeds of Peace](https://betterworld.bandcamp.com/track/seeds-of-peace)  
<https://betterworld.bandcamp.com/track/seeds-of-peace>  
**A E** 2. [Can't You Just Picture It? World Peace!](https://betterworld.bandcamp.com/track/cant-you-just-picture-it-world-peace)  
<https://betterworld.bandcamp.com/track/cant-you-just-picture-it-world-peace>  
**B E** 3. [My Little Apple Tree: A Song of Hope](https://betterworld.bandcamp.com/track/my-little-apple-tree-a-song-of-hope)  
<https://betterworld.bandcamp.com/track/my-little-apple-tree-a-song-of-hope>  
**A E** 4. [Live in Peace](https://betterworld.bandcamp.com/track/live-in-peace)  
<https://betterworld.bandcamp.com/track/live-in-peace>  
**A C E** 5. [The Time for Peace Has Come](https://betterworld.bandcamp.com/track/the-time-for-peace-has-come)  
<https://betterworld.bandcamp.com/track/the-time-for-peace-has-come>  
**A E** 6. [Open Hands, Hearts, and Minds](https://betterworld.bandcamp.com/track/open-hands-hearts-and-minds)  
<https://betterworld.bandcamp.com/track/open-hands-hearts-and-minds>  
**C E** 7. [Think Globally](https://betterworld.bandcamp.com/track/think-globally)  
<https://betterworld.bandcamp.com/track/think-globally>  
**A C E** 8. [Face to Face, Side by Side](https://betterworld.bandcamp.com/track/face-to-face-side-by-side)  
<https://betterworld.bandcamp.com/track/face-to-face-side-by-side>  
**C E G** (bonus song) [Fight for Humanity](https://betterworld.bandcamp.com/track/fight-for-humanity)  
[https://betterworld.bandcamp.com/track/fight-for-humanity-2](https://betterworld.bandcamp.com/track/fight-for-humanity)  
 for LYRICS of "Fight for Humanity," see song #5 in the following document:  
[http://www.betterworld-resources.com/images/BetterWorld/Documents/LIVING\\_PEACE\\_CHURCH\\_Songs.pdf](http://www.betterworld-resources.com/images/BetterWorld/Documents/LIVING_PEACE_CHURCH_Songs.pdf)