

Compassionate Comprehension with the Common Core (CC/CC)

Text-to-Self Questions ROUGH DRAFT 7-8-15

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PLEASE NOTE:

The following "Text to Self" questions are not included in the CC/CC proposal which was approved by the RRP in SDUSD on 2-18-15, for use in 3 Case Study Classrooms.

These questions are being considered for possible use in the Counseling Department's CC/CC Pilot Project in 3rd Grade Classrooms during the 2015-2016 School Year. (As of June 2015, those classrooms have not yet been identified.)

TEXT-TO-SELF QUESTIONS TO EXTEND THE CC/CC KEY QUESTIONS:

THE 5 CC/CC KEY QUESTIONS ARE FOUND AT THIS LINK:

<https://lkwbetterworld.files.wordpress.com/2015/06/ws-key-qs-mini-poster-2p-1p-w-c.pdf>

Please note: there would be some definite "plus's" to offering students the opportunity to provide their answers in writing (perhaps in a Feelings Journal, or some other format). This would allow more time for reflection, and the aspect of confidentiality; however, there would need to be a way for Counselors--- and/or perhaps classroom teachers--- to follow up with students in a timely fashion.

1. After asking how the character is feeling and why...

- * How well can you relate to how the character was feeling?
- * When have you felt that way, and why?
- * When did someone around you express the feelings that the character is experiencing?

2. After asking about harm being caused in the text...

- * When did someone around you cause similar harm to you, or to someone else?
- * Was there a time when you were the one who caused similar harm? What happened, and how did it work out?
- * Was there a time when you were tempted to cause similar harm, but made a different choice? What was that choice, and how did it work out?

3. After asking about someone showing compassion or helping repair the harm...

- * When did you show compassion to someone who was harmed, or help repair the harm? Tell about what had happened, and what you did to help.
- * When were you harmed (in a similar way??), and someone showed compassion to you or helped repair the harm? What did they do to help? How did you feel about their help? How did it work out?

4. After asking about what students would have done to help, if no one in the text demonstrated compassion or tried to help repair the harm...

- * How did you feel about the situation in the text when harm was done, but no one did anything to help?
- * If you could talk to the person or people who caused the harm, what would you say?
- * Has anything similar ever happened to you? How did you feel?
- * Have you ever seen anything similar happen to someone else? How did you feel? How did the person or people harmed feel?
- * Is it easy--- or hard --- for you to think about several possible ways you could help someone who has been harmed? Please explain.
- * How can you figure out if what you've done to help was welcomed and / or effective?

5. After asking about the character's unmet needs...

- * How well can you relate to the character's unmet needs?
- * Have you had the same unmet needs in the past? If so, please explain.